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**2 OCTOBER 2020** 

# THE FALL OF TREES

...AND THE RULE OF LAW



describing the problem.

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office@thehotline.co.za. Remember to supply the date, time, clear location, number plate of the vehicle and a few lines

014 565 6878 071 844 5359 admin@sachconsult.co.za www.sachconsult.co.za

Rustenburg - For many years, September has been celebrated as Arbour Month in South Africa. This year, the Department of Environment, Forestry and Fisheries chose the inspiring theme

This theme should resonate well with people living and working in Rustenburg - we are blessed with magnificent and diverse indigenous trees that grace our town, suburbs, and surrounding areas. Unfortunately, unscrupulous and large-scale tree felling has been taking place along the Magaliesberg Protected Environment adjoining the Kgaswane Nature Reserve, as well as other areas that still have indigenous vegetation.

**READ MORE ON PAGE 9** 

Trees in our lives.

Tree felling along the Donkerhoek road on 11 September 2020.



Staan Saam Rustenburg is 'n baken van hoop.

Tlhabane

Staan Saam en doen jou deel.

Juanita 083 444 6391

5 President Mbeki Drive, Rustenburg.











#### **ELDERLY WOMAN BEATEN INTO A COMA**

Rustenburg - A 72-year-old woman is currently in a coma after she was severely assaulted on Thursday 24 September.

According to police spokesperson captain Elsabé Augoustides, the woman came across an intruder in her garden when she arrived at home. She yelled at him and he fled the scene.

Later that afternoon, the victim's family received a call from their security company saying that someone pressed the panic button. They requested the company to please go and check on the woman as she was home alone. When they arrived on the scene, they found the elderly victim lying on the floor. She was rushed to hospital where she is currently in a critical condition. The attackers fled the scene with a laptop, cellphone and a 3G device as well as keys to her house and her car.

Police are investigating cases of house robbery and attempted





# CENTURY ACCOUNTING

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6 Swartbos Ave, Protea Park, Rustenburg, 0299 P.O Box 20569, Protea Park, Rustenburg, 0305

### NO COURT DATE FOR SUSPECTED **HUMAN TRAFFICKERS**



Guesthouses in Rustenburg were searched by the Hawks

in Rustenburg on allegations of human trafficking and operating a brothel are yet to appear before the Rustenburg Magistrates' Court after the National Prosecuting Authority (NPA) decided that the state needed to gather more evidence before prosecuting. The suspects were supposed to make

their first court appearance on Tuesday 29 September after they were nabbed in Rustenburg by the Hawks and other law enforcement agents three days before. However, this did not realise at the time of going to print and it is not yet clear if the suspects are still in police custody. NPA spokesperson for the North West, Henry Mamothame, said: "Two foreign nationals and one South African were arrested and charged for alleged human trafficking and operating a brothel respectively. However, the case was not registered on the court roll by Hawks for further investigations."

The three were part of a group of suspects who were nabbed during two simultaneous Hawks-led operations in Rustenburg and Kuruman. Three guesthouses - two in Rustenburg and another in Kuruman - were shut down during the raids on allegations they were being run as brothels.

spokesperson Hangwani Mulaudzi said seven victims who had allegedly been lured into prostitution through fake promises of employment were also rescued in Rustenburg.

Meanwhile, the Kuruman suspects have appeared in court on charges of human trafficking. Chikwuma Emmanuel Ibekwe, Ifeanhi Michel Udechi and Emmanuel Ikechkwu will remain in police custody until their next court appearance on Tuesday 6 October.

# MOB JUSTICE MURDER AT DINIE ESTATES

the murder of a women on a smallholding on the Dinie the community... who then decided to take justice into their appearance was not yet available. own hands. The women was brutally murdered earlier that

According to police spokesperson captain Elsabé Augoustides, the man was found in a tavern and severely assaulted by members of the community. He succumbed

The next morning the police arrested seven people who were allegedly involved in the murder of the man. Outraged by their arrest, the community demanded their release.

Rustenburg - A man who was allegedly implicated in They closed off the Dinie Estates road and burned tyres in protest.

Estates road on Sunday 27 September was identified by At the time of going to print, the details around their court



# SERIAL RAPIST TO SPEND

ETSATSI

**APPLY** 

TODAY

Mogwase - A 45-year old man who was serving a 25-year jail term for rape, will be behind bars for much longer after he was sentenced to three

additional life terms by the Mogwase Regional Court on Monday 28 September.

A further three life terms were handed down by the court after the state proved the man was also responsible for a string of further sexual offences. The additional sentence was handed down after police investigators uncovered how the man was behind separate incidents of rape, armed robbery, and illegal possession of firearms.

The man was first sentenced on 12 December 2017 after he had been convicted of raping a 15-year-old child, armed robbery, and illegal possession of a firearm and ammunition. Further investigations led by sergeant Matlhomola Mokodutlo revealed that the man also robbed and raped other victims from March 2012 to October 2017 at the small and rural village of Mabeskraal, just outside Sun City.

In one of the incidents which occurred in 2012, the man approached a 35-year-old victim while she was sleeping, threatened her with a knife before raping her. A few days later, the man kidnapped and repeatedly raped a 56-year-old woman.

In another incident which occurred in July 2013, the suspect approached yet another woman who was sleeping in her room. He threatened her before overpowering and raping her.

"The accused was linked with all these three cases through forensic evidence," police spokesperson colonel Adéle Myburgh said. "Apart from the three life sentences, the accused was also sentenced to a further five years for housebreaking with the intent to kidnap and fifteen years for kidnapping the 56-year-old woman. The sentences will run concurrently with the three life terms."



Sergeant Matlhomola Mokodutlo investigated the



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#### CHURCHES **KERKE**

#### NG Protea Park

Dienstye: Sondag Oggend: 9:00 Erediens, Kinderbediening in Teatro/ **Aand:** 18:00. Witstinkhout laan 25, Protea Park, Rustenburg. Kontak: 014 533 4028 | ngproteapark.co.za ngproteapark/

#### Agapé Gemeente

Dienstye: Sondag Oggend: 10:00 / Aand: 18:00 Cuckoo laan 99 naby Watervall Mall. Kontak: 014 537 2337 www.agape.co.za AgapeKerk

#### City Wide Church

Services: Sunday Mornings: 9:30. Hedghogenest on the old Johannesburg rd Rustenburg. Office: 066 213 0092

#### His Vision Church

Services: Afrikaans Sunday Morning: 08:00. **English Sunday Morning:** 10:30 **English** Sunday Afternoon: 17:00. Old Pretoria Road. Bookings must be made. Office: 087 805 9375

#### AGS OASE VAN HOOP

Dienstye: Sondag Oggend: 9:00 Aand: 18:00. hoek van Ridder en Joubert straat, Oos Einde, Rustenburg. Kontak: 082 570 7571 | AgsOasevanHoop

#### Church 4 Bikers & Community

Dienstye: Sondag Oggend: 9:00. h/v Kerk & Ridder Straat, Laerskool David Brink Skoolsaal, Oos einde, Rustenburg. Kontak: Past. Sakkie 073 353 5038 | **Desiree** 083 309 5597 Church 4 bikers & community rustenburg

#### NG Bergsig

**Dienstye: Sondag Oggend:** 9:00 Erediens, Kleuterkerk, **Aand:** CRIB Jeugdiens 17:00. Bethlehem straat 194, Rustenburg. Kontak: 014 000 2150 | ngbergsig.co.za | 1 Ng-Bergsig-

#### Rustenburg Bikers Church

Services: Sunday Morning: 08:30. Steineck Lodge Chapel, Rustenburg Leon: 084 876 1634 | Morné: 084 543 3114 Rustenburg-Bikers-Church | Biking is our thing, but Jesus is our King!

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#### RUSTENBURG CHILD AND FAMILY WELFARE

The biological father of boy child with the surname. Seleke, who is 2 months of age must urgently contact the Social Worker. Geraldine Legobye from Child and Family Welfare Rustenburg on 014 537 2014 or geraldine. legobye@gmail.com.

#### REMOVAL

Kolenzelle Van Lines furniture removal. general transport, storage. Estelle 072 651 8557. kolenzelle@mweb.co.za

# SOULFO

**LUKE 6: 27 - 36** 

<sup>27</sup> "But to you who are listening I say: Love your enemies, do good to those who hate you, <sup>28</sup> bless those who curse you, pray for those who mistreat you. <sup>29</sup> If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. 30 Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. 31 Do to others as you would have them do to you.

32 "If you love those who love you, what credit is that to you? Even sinners love those who love them. 33 And if you do good to those who are good to you, what credit is that to you? Even sinners do that. 34 And if you lend to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, expecting to be repaid in full. 35 But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because he is kind to the ungrateful and wicked. <sup>36</sup> Be merciful, just as your Father is merciful.

<sup>37</sup> "Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. 38 Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you."

<sup>39</sup> He also told them this parable: "Can the blind lead the blind? Will they not both fall into a pit? 40 The student is not above the teacher, but everyone who is fully trained will be like their teacher.

<sup>41</sup> "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? 42 How can you say to your brother, 'Brother, let me take the speck out of your eye,' when you yourself fail to see the plank in your own eye? You hypocrite, first take the plank out of your eye, and then you will see clearly to remove the speck from your brother's eye.

> **NEW KING JAMES** VERSION (NKJV)

#### 4 ESCAPE FROM POLICE CUSTODY... 1 REARRESTED

from police custody in Hartbeesfontein on Saturday 26 September has been rearrested.

Tebogo Moloko's 'freedom' lasted for four days only. He The suspect, who was due to stand trial for business robbery, will now also stand trial for escaping from police detention when he appears before the Hartbeesfontein Magistrates' Court.

Police are calling on anyone with information about the whereabouts of the remaining trio – Tebogo Monnamogolo, Piet Sechele and Ranthati Mothobi - to come forward. All three suspects have pending cases and were due to contact captain Ananias Moleki on 082 416 0780.

Hartbeesfontein - One of the four men who escaped appear in court for charges related to burglary, murder, and rape before they escaped. The circumstances surrounding their escape are not yet clear.

"The escape was discovered during a routine cell inspection was rearrested in Coligny on Wednesday 9 September. at the police station. The police are currently busy with an internal investigation to determine the circumstances surrounding the escape," police spokesperson captain Aafje Botma said. "Members of the community are urged not to try and apprehend or confront any of the escapees as they are dangerous."

Anyone with information that can assist the police should please call their nearest police station or



Escapee: Tebogo Monnamogolo



Escapee: Piet Sechele



Escapee: Ranthati Mothobi

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Enquiries: Tel: 014 592 9686

#### **CLOSING DATE: 30 OCTOBER 2020**

If you don't hear from us within 14 days after the closing date, please regard your application as unsuccessful.

#### A LITTLE BIT OF **EVERYTHING JUMBLE SALE**

Rustenburg - Hospice Rustenburg will have a jumble sale on Saturday 3 October. Various items including books, toys and clothes will be available from only R5.

The kids can keep themselves busy on the jumping castle and you can snack on chips and cooldrink while you do your shopping. Card facilities will be available. The Rustenburg Society for the Prevention of Cruelty to Animals will also have a table filled with books to choose from - cash payments only.

Don't miss out on the sale that will take place from 08:30 till 13:00 at 195 Bethlehem Street, Rustenburg.



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GUARANTEEL







### THE FALL OF TREES ....and the rule of law



Rustenburg – For many years, September has been celebrated as Arbour Month in South Africa. This year, the Department of Environment, Forestry and Fisheries chose the inspiring theme *Trees in our lives*. This theme should resonate well with people living and working in Rustenburg - we are blessed with magnificent and diverse indigenous trees that grace our town, suburbs, and surrounding areas. Unfortunately, unscrupulous and large-scale tree felling has been taking place along the Magaliesberg Protected Environment adjoining the Kgaswane Nature Reserve, as well as other areas that still have indigenous vegetation.

No doubt this is partly due to the many people who find themselves in economic difficulties - but even so - disregarding environmental legislation that has been put in place after careful consideration of climate change, air quality, species facing extinction and the functioning of ecosystems, should not be condoned or supported.

The rule of law is that before removing significant amounts of any natural resource such as indigenous trees, the harvester should approach the competent environmental authority - which is the North West Province - Department of Economic Development, Environment, Conservation and Tourism (DEDECT).

Expertise exists within DEDECT to determine whether the tree species that will be removed is protected or has medicinal or cultural value in the area. DEDECT should also be able to make recommendations on how felling should be done to induce regrowth, give inputs on what area could be cleared or selectively cleared to protect threatened and protected species, improve pasture or biodiversity and prevent soil erosion and ecosystem deterioration. There are many areas in the bushveld where the inappropriate use or control of veld fires or the introduction of cattle, has resulted in overgrowth of one species of woody plant known as bush encroachment. It would be beneficial to remove such species for firewood.

Due to the large-scale poaching of indigenous wood from natural areas, people who appreciate trees must start to ask questions about the source of braai wood before they buy it. Even deadwood should not be removed from the environment as it provides a habitat for insects, food for birds and lizards and enriches the soil

Any suspicious tree cutting should be reported locally to Rustenburg Nature conservator Simon Netshithuthuni on 083 702 3065 or Hanlie Strydom at the National environmental crimes and incidents hotline on 012 001 7641 or office@thehotline.co.za.

Remember to supply the date, time, clear location, number plate of the vehicle and a few lines describing the problem.



Wood removal from the Magaliesberg Protected Environment on 8 September 2020.



OPEN DAY

Silwerrand p

p 09

**09 OCTOBER 2020** 09:00 - 11:00

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- Creative arts
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INFORMATION

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# GELEBRATE HERITAGE MONTH WITH US

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# RUSTENBURG ROADS **CLAIM FOUR LIVES**

According to an ER24 press release, dated 26 September, paramedics arrived at the scene shortly before 13:00 and found the driver Later that same evening, three people were and the passenger still inside the light motor vehicle. Unfortunately, the driver of the vehicle was showing no signs of life and was declared dead at the scene. The passenger sustained serious injuries and was treated at the scene before being transported to a hospital for further medical care.

The truck driver and two occupants sustained scene by paramedics.

**POLICE** 

**CONFIRM** 

**ATTEMPTED** 

**KIDNAPPING** 

INCIDENT

Tlhabane/ Rustenburg - A case of attempted

kidnapping was registered in Tlhabane after

a 12-year-old learner was allegedly forced

into a silver-grey Kia Picanto on Monday 28

According to police spokesperson Captain

Elsabé Augoustides, the incident occurred in

Ramokoka street in the vicinity of Chill Tavern.

The three males - speaking a 'foreign' language

- forced the child into the vehicle. The driver of

a white bakkie observed what was happening.

About 700m further, the driver of the Kia

stopped when he noticed that the bakkie was

following them. They urged the child to get out

Captain Elsabé said that this is the first incident

of its kind in the Rustenburg district and that the

case is being investigated. Police urge parents

to, where possible, ensure that their children are

accompanied by an adult when walking home

from school. "Teach children to be aware of

their surroundings and look out for people who

might be following them. If they notice that they

are being followed, advise them to run in the

opposite direction and shout as loudly as they

The police would like to appeal to the driver

of the bakkie to come forward and contact

the sergeant Obakeng Rasego on 060 967

can to get the attention of bystanders."

3935 or 014 594 8317.

of the vehicle and sped off.

Rustenburg - One person was killed, and four injuries ranging from minor to moderate. ER24, others were left injured in a collision between as well as another service, treated them at the a truck and a light motor vehicle on the R104 scene before transporting them to the hospital for between Rustenburg and Buffelspoort on Friday further medical care. The exact circumstances surrounding the incident were not known to our paramedics, but local authorities were on the scene for further investigations.

killed in a collision between two vehicles on the N4 between Rustenburg and Moedwil.

When ER24 paramedics arrived at the scene shortly after 19:00, they found two people in the one-vehicle who had sustained fatal injuries. The driver of the second vehicle also sustained fatal injuries. All three were declared dead at the



One person was killed, and four others were left injured in a collision on the R104 between Rustenburg and Buffelspoort.

#### **GELIEFDE RUSTENBURG** MAN OORLEDE

Rustenburg - Freddie van Deventer is op Maandag 21 September op die ouderdom van 44 oorlede. Hy was 'n man wat deur sy lewe en sy liefde vir God 'n voorbeeld was vir almal wat hom geken het. "Ons sal hom vreeslik mis maar ons weet hy is by Jesus. Hy was die wonderlikste man en pa," se sy vrou Leandri. Hy laat sy vrou en 2 kinders agter (Suane en Ferdie).

Ons betuig ons medelye aan Freddie se familie en vriende. Mag jul by God vertroosting vind in die moeilike tyd.



#### **ATTEMPTED ABDUCTION** OF LEARNER

[LETTER TO THE EDITOR]

Rustenburg - At Meridian, the safety of our learners, staff and their families are our number one priority. Today I am writing to inform you about a serious incident involving the attempted abduction of a Grade 6 learner.

On Monday, 28 September, one of our learners on her way home was forced into a vehicle. Fortunately, a person travelling in another vehicle saw the incident and followed the car. Once the kidnappers realised that they were being followed, they dropped the learner off unscathed. The learners sought help and the authorities and police were contacted immediately.

Cases can be very unsettling for parents and learners... but my goal is to inform you of these incidents so that you can be proactive in getting the information out to the community that might be useful in protecting our children.

Learners and parents must always be alert whether they are walking to from school, at the mall and even at home - everywhere. We would like to urge parents to be punctual when collecting learners as at our school there is only supervision until 15:00. We will continue to provide support to the family and their identities will not be made public. If any other similar incidents are brought to your attention, please inform your child's school as well as the authorities immediately

September 2020

# Merridian Primary School Head, S de Beer, 29

#### **GRADE 5 LEARNER HIDES IN BATHROOM** WHILE THUGS RANSACK THE HOUSE

Rustenburg - A Grade 5 learner of Laerskool Vastrap and the family's cleaning lady were left traumatised after three men gained access to their home on Tuesday 29 September.

In an interview with Platinum Weekly the girl's mother said that the girl was at home with the cleaning lady while her older sister went to the dentist. She heard the front gate opening and first thought it was her sister returning, but when she looked through the window, she saw a man

RUSTENBURG

**KEYHOLE CC** 

sitting in the driver's seat of a white Toyota Yaris while two unknown men were entering the property.

She grabbed her phone and warned the cleaning lady to go and hide somewhere as there were two assailants in the yard. She then locked herself in the bathroom. Before the cleaning lady could react, the two men were standing in front of the sliding door. They used a knife to open

The one man held the cleaning lady down while the other ransacked the house.

The girl, still trapped in the bathroom, phoned her father who immediately alerted their security company while staying on the line with his

One of the suspects was unsuccessful in trying to force open the bathroom door. It was very difficult for her dad to stay calm as he heard his daughter yelling at the intruder to leave her

The call to the girl's father was made at 10:57 and video footage shows the criminals leaving the neighbourhood at 11:11.

#### **RUSTENBURG EMERGENCY** CONTACT NUMBERS

Rustenburg SAPS Radio Control Centre: 014 590 4115/6/7

Rustenburg SAPS Community Service Centre: 014 590 4126/27/39

SAPS Boitekong: 014 593 6001/ 6002/ 6003

SAPS Emergency (cell phones only): 112

**SAPS Marikana**: 014 572 3143 SAPS Rustenburg: 014 590 4116

**SAPS Tlhabane**: 014 565 9171/54/59

#### **AMBULANCE**

Ambulance / Metro Control Room: 014 597 6612

Ambulance / Metro Control Room (provincial):

#### **MEDICAL EMERGENCY**

Med 24/7 (Private): 086 177 7761 **ER24**: 084 124 NetCare 911: 082 911 Trauma Rescue:

Ferncrest Hospital (Emergencies):

Peglerae Hospital (Casualties):

#### HOSPITALS

Ferncrest Hospital: 014 568 4399 Job Shimankana Tabane (JST) provincial hospital: 014 590 5100 La Femme Clinic: 014 594 9500 RusMed 24: 014 523 9378/9351

#### PEST CONTROL / SNAKE **EMERGENCY NUMBERS**

Mostert Pest Control: 071 213 5107

#### **CLEANING SERVICES 24/7**

**CIA Crime Incident Accident:** 079 498 7606

#### FIRE

Fire Department: 014 590 3232 /3444/3333 Rustenburg Local Municipality emergencies (fire): 014 590 3090

#### **RTB LOCAL MUNICIPALITY**

**RLM Accounts Queries:** 014 590 3111 Press 1 for: RLM Emergencies (Fire Dept.)

Press 2 for: **RLM Customer Care Supervisor** 

#### ALARMS

ADT (Control Room): 086 121 2520 / 086 121 2501 **Oracle Protection Services:** 014 533 3062/3726 / 081 358 4032 Wesalarms: 014 592 8364

#### SSR & CPF/GPF

CPF Sector 1: 061 019 6870 CPF Sector 2: 079 085 3424 CPF Sector 3: 072 204 4847 CPF Sector 5: 071 496 5244 CPF Sector 6: 084 555 1513 Staan Saam RTB: 083 444 6391 CPF Website: www.rustenburgcpf.co.za Staan Saam Rustenburg Community Watch:

#### SOUTH AFRICAN COMMUNITY CRIME WATCH RUSTENBURG (SACCW)

079 689 0961

083 296 6949

#### **ANIMAL EMERGENCIES**

Animal Clinic Zinniaville: 014 538 2114 ARAN Veterinary Clinic: 014 592 6007/ 083 410 7960

Bergbos Dierekliniek: 014 533 1959/2084 Bergbos Dierekliniek (A/H): 083 653 1081 Rth SPCA: 014 592 3181 Rtb SPCA (A/H): 072 933 7723

#### WATER

Water Problem Helpline: 014 590 3111

#### **ELECTRICITY**

Electricity Helpline: 014 565 1042 Eskom National Line: 086 003 7566

#### **ROAD & TRAFFIC**

Bakwena N4 Toll Road: 080 022 5936 Traffic Control Room (Rustenburg): 014 590 3221

#### PLATINUMWEEKLY NEWSPAPER: 014 592 5653 / 072 482 6871.











# SIX DAYS OF DARKNESS

#### [Letter to the editor]

strangers to power outages.

This has become a regular occurrence where we are left without electricity for hours. However, we reached a new low on Thursday 24 September when our six-day struggle began.

A reckless driver ran over one of the power poles, leaving several smallholdings in the area without electricity and dangerous live wires all over the place. We reported it to the municipality and received a reference number. Later that afternoon, we sent photos to the municipality of the pole lying on the ground and received yet another reference number. Then all communication went quiet.

By Saturday, we still didn't hear anything from the municipality. Over 30 people are living on our smallholding, most of them receive only SASSA... so they can't afford to throw away any food. We started getting anxious and used all the contacts that we had to help us.

At around 15:00, someone phoned me and asked me what the pole number is as they are on their way - nobody came.

We were also worried about the live wires just lying on the ground and on Sunday we were informed that the wires have been isolated and that they will repair everything on Monday. We went to check, but nothing was done.

...On Monday they came to dig a hole and on Tuesday they planted the pole...

Kroondal - As residents on the Arnoldistad road... we are no On Wednesday we finally saw the light at the end of a very dark and long tunnel when the power was restored.

> Most of the smallholding owners on our road have other houses and flats on their properties: so there were a lot of people who had to throw away food - and this is not the first time this has happened. Of all the electrical problems, many have also had to repair or replace electrical appliances. We understand that there are other challenges like overtime not being paid, not having the proper equipment and lack of manpower - but six days is unacceptable!

> Somebody needs to take responsibility and must come up with solutions for these problems.

After all, these residents are paying that person's salary.

Left in the dark. Kroondal



The cables on the ground after the pole was runover by a reckless driver.

#### **SWARTRUGGENS LEFT FOR** 10 DAYS WITHOUT WATER

#### [LETTER TO THE EDITOR]

Swartruggens - The community of Swartruggens suffered for 10 days due to a broken pump.

For days, we could not take a bath or have any water to drink. If we needed water, we had to go and buy it.

Some people with boreholes even tried to extort the people by charging those in need. To restore the water, a pump brought from the sewage plant was installed without being cleaned. For two days, we were lucky enough to have a few drops of very murky water before the pump broke again...

Even the hospital was left dry and buckets of water had to be carried around to ensure that patients had water to drink and could be washed - if they were lucky. Otherwise, the sick had to stay dirty. There were not even water trucks that could assist with this basic need. Our water has not been tested in years and if we have water it is undrinkable.

HTH pool chemicals are floating around in the water reserves to 'clean' our water

and then they expect us to drink this water? Quick fix repairs are done here and there and once one thing is working, three other things break. There is always some shortage of proper service delivery because if we do not struggle without water, we do not have electricity.

Nobody even believes the stories that the cables were stolen anymore because we all know it was sabotaged. Some of the contractors that are hired just waste the municipality's money. We cannot complain about bad service delivery because there is no service delivery in Swartruggens. This is unacceptable and somebody needs to take responsibility for this.

Thirsty community member, **Swartruggens** 



The water we had to 'drink' for

# Instant MelloMagC Be calmer using essential nutrients,

New improved formulation & look with the same great results!!

at selected pharmacies or call 011 452 8892/3/5 To order

#### **EVERYBODY NEEDS CALCIUM!**

IT IS THE MOST PLENTIFULLY USED MINERAL IN THE HUMAN BODY.

#### **CALCIUM: Needed everywhere!**

Mood Stability Sleep cycle 🗸 Pain sensitivity Correct blood clothing 🗸

Healthy teeth

Cell repair • Menstruation (higher than normal requirements) Muscle function (shortages < tend to cause cramping) Healthy gums 4

#### **MAGNESIUM:** Needed in so many places!

- Digestive enzymes
- (Occurs in 300+ enzymes) Muscle function
- (Shortage tent to cause cramping) Good sleep cycle
- Pain/Noise sensitivity
- Healthy nerve function

BUT! Usually BOTH CALCIUM and MAGNESIUM ARE DIFFICULT TO ABSORB balanced for the body to use them wel – either taken alone will likely cause deficiencies of the other. Correct Ph range needed for absorption.

Instant MelloMagC is carefully formulated for a maximum absorption rat

#### POLICE WARN THE PUBLIC AGAINST **FABRICATED SOCIAL MEDIA POSTS** established that it is a 19-year-old man who was on Sunday, 27

SA - South African Police Service (SAPS) in North West Province is greatly concerned about an apparent irresponsible use of social media platforms. This is after a voice note was circulated over the weekend through various social media platforms, especially WhatsApp, that people were kidnapped for human trafficking in Mmabatho

#### WHATSAPP VOICE NOTE

After becoming aware of the voice note, police conducted preliminary investigations to confirm the allegations. Police spokesperson brigadier Sabata Mokgwabone confirmed that it turned out that no cases of kidnapping were reported either in Mmabatho or Mahikeng police station

#### **FALSE REPORTS**

In Mmabatho, a voice note in which a man claimed that he saw a group of men entering various residences in Ramosadi village, Mahikeng, under the false pretence of selling electricity while they wanted to spot young girls for kidnapping purposes, was also circulated on social media platforms. To this end, that cannot be

In Ikageng, Potchefstroom, a man was falsely accused of attempted kidnapping of a 12-year-old girl. Subsequently, the man's picture and another one that resembles his BMW vehicle were posted on Facebook. Police investigations into the allegations including identification of the man who is well-known in Ikageng, proved that

he was innocent and that at the time of the alleged incident, he was at Top City, where he took his car for repairs.

According to brigadier Sabata, in Taung, a message with claims that a 17-year-old girl was kidnapped in Itireleng village, was also circulated through WhatsApp. On contrary, it was September 2020, allegedly kidnapped by a group of men who were looking for his uncle. The suspects were allegedly driving in three vehicles. The victim was taken to Mokasa II village where he was hit once with a hammer on the leg and later dropped off at Rooiwal village. No arrest has been affected and investigation into the matter continues. Although the motive is still unknown, kidnapping for purpose of human trafficking cannot be confirmed at this stage

In another incident, a video went viral on social media platforms, particularly WhatsApp about an alleged kidnapping incident in Klerksdorp. Preliminary investigation conducted after police management in the Dr Kenneth Kaunda District became aware of the video, showed that no such incident was reported in Klerksdorp. Furthermore, it is also apparent that the video was staged to cause fear among members of the public.

The Provincial Commissioner of North West, lieutenant general Sello Kwena urges members of the community to exercise caution when sharing unconfirmed crime related information on social media platforms. He is appealing for responsible use of social media platforms and requests users to as far as possible, verify legitimacy of crime related videos and voice notes with the police before forwarding them as some may be found to be untruthful and contributing to the spread of false information.

#### TIP OFFS TO SAPS

Furthermore, allegations of this nature may lead to incidents of mob justice. As a result, the public is requested to report any criminal activity to the police for investigation rather than spreading false and unsubstantiated information as that impacts negatively on resources which are used to investigate such allegations.

The public is advised to share anonymous tip-offs by contacting Crime Stop at 08600 10111. Alternatively, tip-offs can be communicated via MYSAPS APP.





#### MAKING WITHDRAWAL EASIER

The biggest hurdle a drug user faces, even when he has firmly made up his mind to quit, is the physical call his body makes to have that next fix.

Part of the action of almost every drug is to first stimulate the nerves and then to ultimately numb it, leaving the user without sensation except that which he gets from the drug. But the gnawing at his nerves, the thing that calls him back into another hit ed to be quieted only by the drug Most people do not realise that by replacing the nutrients that are depleted by drug usage can make withdrawal symptoms much lighter.

LV Nutritional Product's Drug Bomb replaces in generous quantities the nutrients depleted by drugs. This gives the addict a better chance of beating withdrawals and helps to support his decision to guit. Two of the worst and most consistent withdrawal symptoms faced by addicts are extreme edginess and cramping. Instant MelloMag C is a pinpointed solution to these symptoms. Calcium prevents cramps, is a natural painkiller (even prescribed by certain healthcare practitioners) and is a major factor in mood stability. Magnesium coats the nerve endings and its loss is the major cause of edginess during withdrawal.

Instant MelloMag C has been widely tested for both absorption rate and effectiveness. The PH balance and the 2:1 elemental ratio of Calcium: Magnesium enables both absorption and the tightly co-dependent utilisation of both calcium and magnesium.

LV Nutritional Products press release. For more information contact LV Nutritional Products on 011 452 8892/3/5.

#### **SUCCESS STORY**

I am grateful towards LV Nutritional Products for helping my boyfriend get off drugs and pain killers. We hope that every addict out there and their families have the same success as we did. My boyfriend was totally addicted for quite a

few years. He was clean for 10 months when I met him but last year, after being clean for two and a half years, he relapsed. He went to rehab for 28 days and things went really well... or so I thought.

In February after going through his bank statements I found out that he's been drinking boxes and boxes of pain killers that he would buy at a different pharmacy every day. After watching a DVD bought from LV Nutritional Products, I phoned Anya Viljoen and got my boyfriend to start using their products.

He has been drinking the Drug Bomb and Power Formula vitamins and started going to the gym. He is a completely different person with a positive mindset.

Because he was addicted to various drugs for many years, his immune system was very weak and he used to get sick every second week. Since he started using the Power Formula and Instant MelloMag C he is doing much better and hasn't been sick in two months, not even during the winter.

Thank you to LV Nutritional Products - you guys really are helping people!



#### **WE ARE UP FOR ADOPTION!**

Rustenburg – Can you find it in your heart to provide a loving home and a caring environment for one of these animals that are currently up for adoption?

For more information contact the Rustenburg Society for the Prevention of Cruelty to Animals (SPCA) office on 014 592 3181 or admin@spcartb.org.za.



Tarvn is a three-year-old female fox terrier waiting in kennel T2 for her forever-home.



Michael is a one-year-old bull terrier that has so much love to give and is waiting in kennel K2.

Instant MelloMagC is carefully formulated for a maximum absorption rate. Feel a difference in minutes!

# 10 INTERESTING FACTS AND TIPS ON ALZHEIMER'S DISEASE AND OTHER MATTERS RELATED TO WILLS AND DECEASED ESTATES

- Where the deceased was married in community of property, all the assets of the joint estate will be part of the deceased estate and have to be reported to the master.
- A person with Alzheimer's disease can execute a valid will as long as that person does have the mental capacity to understand the consequences of his or her actions when the will is signed
- 3. You should have an independent trustee for your trust, in other words, someone who is not a beneficiary of the trust and not a family member of
- You have three months from the date of your divorce to change your will. If you fail to do so, your ex-spouse will be entitled to inherit in terms of your will.
- If there is a cash shortfall in a deceased estate, assets of the estate will have to be sold or the heirs will have to pay in cash funds to cover the shortfall if they do not want to sell.
- Where the deceased was registered for VAT, the tax position upon death is similar to where the deceased had sold all his assets, forming part of his VAT enterprise, during his lifetime.
- Children can claim maintenance from a deceased estate where they do not inherit enough and are not yet self-supportive.
- Any accrual claim of the surviving spouse enjoys preference over bequests and inheritances.
- 9. If someone inherits a house, that beneficiary is also entitled to receive the rental income of that house from the date of death.
- Fixed property or any other asset that is sold out of the deceased estate does not have to be valued. The sales price is used for the liquidation and distribution account.



Contact Van Velden-Duffey during the Wills Week to have your will revised or drafted free of charge: 014 592 1135 / wills@vvd. co.za. Terms and conditions apply.



# #HatsOn4CPC

**Rustenburg** – Hats on for Children's Palliative Care #HatsOn4CPC is a worldwide campaign to raise awareness about the critical importance of children's palliative care and children's hospice services. It falls on the second Friday in October, which this year falls on Friday 9 October.

The day aims to raise funds for children's palliative care, but more importantly, to raise awareness of the rights of very sick children with incurable and life-threatening illnesses to receive palliative care. Children's Palliative Care (CPC) responds to the physical, emotional, social and spiritual needs of a child with a life-threatening or life-limiting illness as well as providing care for the child's family. These children receive expert pain relief, assistance with symptom control and whatever emotional, social and spiritual support that is required to enable the affected child to enjoy the best quality of life possible. This care is provided by a compassionate team of people who all wear different, and sometimes many, hats! To show your support for the amazing work these people do, get your #HatsOn4CPC sticker at Rustenburg Hospice at 4 Boshoff Street for only R10 and wear your favourite fun hat for the day. Make sure you take a selfie and share your photos on social media using the hashtag #HatsOn4CPC. Get your friends together and host your very own Mad Hatter's tea party or have a hat-making party. You can also have a funky hat day at work or school.

For more information contact Hospice Rustenburg on 014 592 8925 or send an email hospiceshop2@gmail.com.

#### HAVE YOUR SAY / SÊ JOU SÊ

# MISSING THE ACTION OF LIVE SPORTING EVENTS?

Due to COVID-19, sport enthusiasts have to be happy with watching highlights and reruns from their own homes. The sport arena is finally getting back in action so *Platinum Weekly* took to the streets to find out how the COVID-19 regulations influence them as a spectator or a participant... and if they think the rules should change and when?



"It is hard not being able to go and support my soccer

team when they play. It was a way for me to break away on weekends and now I must watch the games from home. The restrictions should be lifted."



"My life has been changed. It feels like my freedom has been taken away in terms of being able to go to a soccer stadium with my friends and family. I feel the restrictions on sports should be lifted as soon

as possible so we can start living the lives we did before COVID-19."

#### **Georgina Nxumalo**

"Dit was 'n groot deel van my naweek om op Saterdae deel te neem aan 'n parkrun en dit was ook 'n manier om tyd saam my vriende te spandeer wat ek baie mis... maar ek voel die regulasies is nodig om ons almal veilig te hou en om 'n tweede golf te voorkom."



#### Chané Naudé

"Ek is 'n afrigter by 'n hoërskool en weens die regulasies mag ek slegs vier spelers op 'n slag afrig. Dit het my baie finansieel beïnvloed want ek is afhanklik van die afrigting om geld te verdien. Ek sal graag wil hê die regulasies moet aangepas word, so gou as moontlik sodat die land weer

sport kan geniet en sodat mense wat finansieel afhanklik is van sport weer geld kan verdien."

**Edwin Erwee** 

If you would like to have your say, contact us on 014 592 3257 or send an email to news@ platinumweekly.co.za.



### RUSTENBURG EMERGENCY CONTACT NUMBERS

#### SAP

Rustenburg SAPS Radio Control Centre: 014 590 4115/6/7 Rustenburg SAPS Community Service Centre:

014 590 4126/27/39 SAPS Boitekong: 014 593 6001/ 6002/ 6003

SAPS Emergency (cell phones only): 112

SAPS Marikana: 014 572 3143

**SAPS Rustenburg**: 014 590 4116 **SAPS Tlhabane**: 014 565 9171/54/59

#### **AMBULANCE**

Ambulance / Metro Control Room: 014 597 6612

Ambulance / Metro Control Room (provincial): 10177

#### **MEDICAL EMERGENCY**

Med 24/7 (Private): 086 177 7761 ER24: 084 124 NetCare 911: 082 911 Trauma Rescue: 014 594 0689 Ferncrest Hospital (Emergencies): 014 568 4339/8 Peglerae Hospital (Casualties):

#### HOSPITALS

014 597 2823

Ferncrest Hospital: 014 568 4399 Job Shimankana Tabane (JST) provincial hospital: 014 590 5100 La Femme Clinic: 014 594 9500 RusMed 24: 014 523 9378/9351

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079 689 0961

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Bergbos Dierekliniek: 014 533 1959/2084 Bergbos Dierekliniek (A/H): 083 653 1081 Rtb SPCA: 014 592 3181 Rtb SPCA (A/H): 072 933 7723

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PLATINUMWEEKLY NEWSPAPER: 014 592 5653 / 072 482 6871.

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# **INSPIRING CONFIDENCE!**

Rustenburg - Whitney Williams, an ACE Models International model was chosen as a finalist for Miss Teen Universe South Africa. This 17-year-old beauty was born in the Western Cape but has called Rustenburg home for the past nine years.

Modelling is her passion and she uses this platform to encourage other girls to be confident and step out of their comfort to uplift each other, inspire each other zones. "Having confidence in myself, the right mindset and God by my side have confidence in ourselves."

helped me to achieve my goals," Whitney said in an interview with Platinum Weekly. Whitney is grateful for the lessons her parents taught her about rising above her circumstances and she would like to encourage women not to be labelled by society. "Women of all ages need to come together and build a society that reflects our independence. We need and not be defined by the world but find



ACE Models International model Whitney Williams.

#### 2 X PROPERTIES FOR SALE

3 BEDROOM HOUSE + VACANT STAND, KOSTER



- 2 Adjoining properties
- Borehole
- · Water tank
- · Approved building plans for 10 houses
- · Large stands
- Separate storeroom Avocado tree

**Hjalmar Pretorius Mobile:** 072 170 7157 Email: hjalmar.pretorius@gmail.com

#### BERGSIG VIER ERFENISDAG

Rustenburg - Op 25 September het Bergsig personeel Erfenisdag gevier. Erfenisdag gaan nie net oor die eie kultuur nie, maar veral ook uitreiking oor kultuurgrense heen. Kleurvolle uitrustings het die dag opgehelder en die leerders het geniet om die onnies in 'n geesdriftige luim te aanskou. Steek die braaivleis vure aan en deel 'n glimlag!



# WATERFALL MALL'S WEDDING

Rustenburg - Waterfall Mall hosted their annual winners of this competition will be announced on Wedding and Events Expo from 24 to 28 September in Facebook. their centre court. This year included a virtual fashion show, revealing the latest wedding and matric farewell attire from the finest local designers.

Engaged couples were introduced to suppliers in the events industry and invited to enter this year's competition to stand a chance to win a wedding dress or a matric farewell dress. The

Waterfall Mall would like to thank their 2020 sponsors: Direct Productions, Bondesio Couture, Divine Grace Bridal Boutique, Visual Corp Productions and Corlia Swart Photography.

Please follow Waterfall Mall on Facebook for more information on the exhibitors from this year's expo, as well as a peek at the centre's first virtual fashion show.

# PLOT FOR SALE

3HA PLOT IN THE BOSCHFONTEIN AREA | 7KM FROM WATERFALL MALI



- Stunning view of the mountains.
- 3ha Plot near Hunter's Rest • 3 Bedroom House, 2 bath
- · Fencing around the plot
- 1 x 1 Bedroom flat • Borehole
- 4 Bungalows
- Swimming pool
- Flat and Bungalows need r&m · Viewing strictly on appointment

**Hjalmar Pretorius** Mobile: 072 170 7157 **Email:** hjalmar.pretorius@gmail.com







Klipgat venue owner Hildie van der Walt.

#### HELPING SCHOOLS TO FIGHT COVID-19

Koster - ABSA in partnership with Kgetlengrivier Local Municipality, donated personal protective equipment (PPE) to various schools in a move that will go a long way in curbing the spread of COVID-19.

Hand sanitiser, face masks and infrared thermometers were handed over to the schools on Friday 4 September as part of efforts by the municipality's mayor, councillor Amos Selaledi, to assist educational institutions to limit the spread of the pandemic. The mayor was assisted by ABSA representatives Dave Monene and Brian Bogopa to hand over the PPE to educators from Mazista Primary School, Marema Combined School, Kgalagatsane Primary School, Moedwill Combined School and Reebone Secondary School.



# DAAR IS ALTYD HOOP!

Rustenburg - Hoërskool Rustenburg se koor het groot opslae gemaak nie oefen nie. Ons het die stempartye op stemnotas oor WhatsApp • met hul weergawe van Coldplay se Fix You.

#### WAT IS DIE STORIE AGTER DIE VIDEO?

Die Hoërskool Rustenburg se koororganiseerders, Madeleen Koch en Lize Meyer, het 'n sterk behoefte gehad om hoop te bring - saam met Ralf Schmitt is dit 'n gegewe. Tog... 2020 is 'n uitdagende jaar wat deur onbekendheid en verlies gekenmerk word - talle individue voel soos die liedjie sing 'stuck in reverse'. "Met ons weergawe van 'Fix You' wou ons sê daar is hoop," sê Madeleen.

#### WAT IS JULLE BOODSKAP AAN DIE PUBLIEK?

Met die opname van Rialet Visser, een van die twee soliste, vra Ralf Schmitt sy moet 'n werklike emosie herroep, sy moet aan iets wat sy verloor het en nie kan terugkry nie, dink. Tranerig antwoord sy: "Ek dink aan my matriekiaar".

"Die waarheid is dat ons die lied as suksesvol sou kon bestempel selfs al het dit net vir een enkele individu hoop gebring. Ons stel natuurlik ook die geleenthede, wat ons aan die leerders van ons skool bied, hoog op prvs en ons wou aan hulle iets gee om in te glo en aan vas te hou." sê Madeleen.

Soos ons ook in ons Facebook-plasing opsom: "Mag hierdie weergawe van Coldplay se Fix You 'n lig wees om ons huis toe te lei, 'n tydige herinnering dat hoop nooit verlore is nie."

Lize vertel dat die lied vol lewenslesse is. Vir haar het die woorde: "I will try to fix you," beteken dat ons, juis in hierdie tyd, gefokus moet wees op wat ons vir ander kan beteken, hoe ons ander kan deurhelp, die las vir ander ligter kan maak.

Op die vraag, wat was vir jou die treffendste lirieke, antwoord Shakira Peach, die tweede solis: "Lights will guide you home. Dit is net die waarheid. Die lig sal jou altyd huis toe lei. Die lig kan vir jou enigiets wees, vir my is dit God en my ouers, hulle lei my altyd huis toe."

#### HOE IS DIE VIDEO TYDENS INPERKING VERFILM?

Ons kon, as gevolg van ons skool se streng COVID-19-maatreëls, glad • Kitaar: Nathan Smith.

ontvang en elkeen moes self sy eie stemparty aanleer en weer op 'n stemnota terugstuur. Ralf en sy slim tegniese span het alles saamgevoeg. 'n Klein groep leerders is in die hoof se kantoor opgeneem.

"Die opname van die video was die eerste keer wat ons weer bymekaar was sedert die inperking. Dit was so lekker om almal weer te kon sien, saam te lag en musiek te kon maak. Dit was wel vreemd om te alle tve twee armlengtes van mekaar af weg te staan. Die fakkels het darem gehelp om almal uitmekaar hou," vertel Rialet laggend. "Hierdie was vir seker een van die ligpunte van ons jaar," aldus Rialet.

#### WAT SÊ RUSTIES SE SKOOLHOOF?

"Trots; dit is die eerste emosie wat by my vassteek wanneer ek na ons weergawe van Coldplay se Fix You luister. Een van die primêre eienskappe wat ons koor so uniek maak, is dat jy elke liedjie voel. Dit is weer met die vrystelling van Fix You bevestig. Ongeag waar jy jouself bevind, die koor kom kry jou daar en vat jou huis toe. Die Rustiekoor, die personeel betrokke en die totale produksiespan het voorwaar hulself oortref!"

#### **WIE WAS ALMAL BETROKKE?**

- Die Hoërskool Rustenburg koor.
- Soliste: Rialet Visser en Shakira Peach (Shakira wen ook Elandrè se cover song-kompetisie met haar weergawe van Vuur op die Water).
- Koororganiseerders: Madeleen Koch en Lize Meyer.
- Koorouers: Wouter Bakker en Davilene Bakker.
- Organisering en vervaardiging: Ralf Schmitt (as gevolg van sy liefde vir ons skool en sy band met die kinders, het hy geen betaling gevra vir sv betrokkenheid nie).
- Komponiste: Chris Martin, Jonny Buckland, Guy Berryman en Will Champion.
- Opname-ingenieur: Bruce Forbes (Gratis diens gelewer).
- Meng-ingenieur: Bill Hare Productions, Milpitas, California, USA.

- Kreatiewe direkteur: Andrew Timm.
- Choreografie: Sandy Dyer.
- Redakteur: Adino Trapani.
- Kameramanne: Grant Busarello en Jonno Duckworth. Produksie-assistente: Ilsa Feder en Richard Jackson.
- Opname-ligging: Woodstock, Rustenburg, Suid-Afrika.



Skermskoot uit die video waar RHS se koor hul weergawe van Coldplay se Fix You sing.

# REWARDING **OUR AMBASSADORS**

In the spirit of sharing, Platinum Weekly launched an innovative solution to support both our advertisers and our community. Each week our readers stand a chance to win one of the following prizes in our 'Rewarding **Our Ambassadors** 1 x R 750 competition.



Save Platinum Weekly's WhatsApp number: 082 043 9486 as a contact on your phone.

STEP 2

WhatsApp the word 'Subscribe' and your name, age and the area where you reside to 082 043 9486.

YOU ONLY NEED TO ENTER THE COMPETITION ONCE

GIFT VOUCHER FROM ONE You qualify for our weekly draw if you remain subscribed to our WhatsApp, where you will receive a weekly update on community news jobs and ads, for as long as the competition is running.

- A lucky draw will be held every Wednesday, under the supervision of our auditors.
- If your name and number is drawn, it will be recorded, and your entry will immediately be placed back into the drawing box for future draws.
- The weekly winners will be notified via WhatsApp and have 4 days to claim their prize, otherwise another draw will be held to replace them.
- If your name is drawn, and you have unsubscribed in the meantime, another draw will be made to replace you.

#### REMEMBER TO...

send us a photo and a few notes of a newsworthy social event, crime, interesting occurrence, sports news



### **RICO GEKIES VIR NASIONALE** CSA O/19 TAP-KAMP

Rustenburg - Hoërskool Rustenburg is baie trots op Rico Fryer, 'n Graad 10-Rustie, wat gekies is om die nasionale krieket CSA o/19 TAP-kamp by te woon.

Dit is 'n besonderse prestasie wat hul baie opgewonde maak oor Rico se krieketloopbaan. Rico is 'n voltydse lid van die Hoërskool Rustenburg se krieketakademie en die tweede speler in die laaste twee jaar wat tot die Talent Acceleration Programme-kamp opgeneem is.



#### **AWARDING PLATINUM WEEKLY'S AMBASSADORS**



Rustenburg - Congratulations to Platinum Weekly's environmental warrior Cathy Dzerefos who won an R500 SPAR voucher for submitting an innovative article. Her article was community-based and in line with Platinum Weekly's goal to foster a sense of community. Well done Cathy and happy shopping!

Send your event listing to news@platinumweekly.co.za \*\* Free Placement!

# ATINUM EVENT DIARY

EVENT NAME	DATE	VENUE	CONTACT NO	EMAIL / WEBSITE
Bergsig Golf Day 2020	2 Oct'20	Rustenburg: Golf Club	083-247-7255	hsbergsig@mweb.co.za
Hospice Book and Jumble Sale	3 Oct'20	Rustenburg: Hospice Office (195 Bethlehem Street)	014-592-8925	hospiceshop2@gmail.com
Flower Arranging workshop	3 Oct'20	Rustenburg: Tsogo Sun	082-298-4480	info@skillcenter.co.za
Veiligheids Vergadering	7 Oct'20	Rustenburg: Libertas Wedding Venue	083-411-7673	werner@screamer.net.za



# RUNNERS UNITE NATIONWIDE AT THE FNB RUN YOUR CITY SERIES HERITAGE DAY VIRTUAL RUN

SA - The 2020 Heritage Day celebrations got off to an early start with just over 15,000 runners nationwide taking on the much anticipated FNB Run Your City Series (RYCS) Heritage Day Virtual Run on Thursday 24 September.

"The RYCS Heritage Day Virtual Run would not have been possible without the support of our phenomenal sponsors," says Stillwater Sports managing director Michael Meyer. "Although a traditional mass participation event would always be first prize, the COVID-19 pandemic made this impossible in 2020. Proving that they aren't afraid of change, our fantastic sponsors welcomed the idea of the Virtual Run and were excited and eager to play their part." A number of Boxer Athletics Club athletes, including Glenrose Xaba, Elroy Gelant and Tanith Maxwell, joined in on the virtual run fun.

"I really enjoyed taking part in the RYCS Heritage Day Virtual Run," says Glenrose Xaba. "I enjoyed having something to train for again. Although it wasn't a 'traditional race' where I would see my competition, I knew that they would be running so I still gave it my all. I also saw a lot of runners in their event t-shirts completing their runs. It was very special."

According to Elroy Gelant, the RYCS Heritage Day Virtual Run was a lot of fun. "I joined a group of teachers from the Dagbreek Primary School in Carletonville. They were so committed that they literally marked out a 10km route that even had water points that were manned by learners and parents. It felt good to experience the vibe of a race again." FNB Run, Stillwater, press release extracts

FNB Run Your City Series Heritage Day Virtual Run. Photo by Tobias Ginsberg



gelyk asof hulle agter die skerms bly speel het. Bra Jake se Bulle het die Haaie verniel en verdien om met 49-28 te wen. Hierdie Bul-span met net drie spelers wat in hulle laaste game vroeër vanjaar teen die Reds uitgedraf het is 'n bul van 'n ander kleur ou grote.

Met 'n mengsel van ieug en ervare ''ou manne" het White kenners se monde behoorlik gesnoer. Maar soos baas Naas in die verlede gesê het, die beker word nie in November gewen nie, nou in Januarie weens COVID!

Mens kan eintlik jammer voel vir duisend Blou Bul ondersteuners wat nie op Fort Loftus kon wees om hulle helde in lewende lywe te sien nie. Die Haaie se vinne en tanne lê nou nog op Loftus rond en is behoorlik geskok van die afskop af. Op een stadium Bokke wel in die Rugby Kampioenskappe gaan het hulle 7-35 agtergeloop en spoke van 'n rekord deelneem nie. neerlaag is gesien.

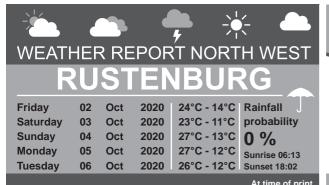
opgestaan en die Leeus 34-21 geklop. Die Leeus het gesukkel in die skrums en hulle verdediging het hulle ook soms in die steek gelaat. Maar om op te som ou grote, die Leeus het baie harde werk wat voorlê vir die Curriebeker seisoen wat eersdaags gaan afskop. Die Stormers gaan 'n moeilike teenstander wees in

#### Bok Ruggas

Eerskomende naweek word daar "proewe" gehou in die Kaap. Rassie en kie het besluit dat sowat negentig spelers in aksie sal wees in twee spanne, die Goud span en die Groen span. Baie Bokke speel tans in Europa ruggas en sal uit die aard van die saak nie deel wees nie van die grappie nie.

Tot op datum is daar ook nog nie sekerheid of die

Nag ou grote...



•	
ZAR/USD	16.97
Rand/Pound	21.81
Rand/Euro	19.94
Rand/Aus Dollar	12.09
Dollar/Pound	1.28
Pound/Euro	1.09
Gold	1,888.67
Platinum	876.00
Palladium	2.335.00

DETAILS HERE!

**RATES: R250 (VAT INCL) FOR 4 WEEK PLACEMENT** 

#### To list contact 014 592 5653 | 014 592 9677 or info@platinumweekly.co.za

Company Name	Description of goods/ services (15 words or less.)	Contact details	Business hours
Auto Drive Tyre & Wheel Alignment	We do tyres, wheel alignment, suspension repairs and services.	Marcus Martins 067 186 5479	Monday to Friday 08:00 to 18:00, Saturday 8:00 to 15:00, Sundays 8:00 to 12:00
Classic Precast	Concrete products: Precast houses and walls, Various concrete products on request, Retaining walls	082 386 0330 082 829 0867	Monday to Friday 08:00 to 17:00 and Sunday 07:00 to 15:00
House of Nuts Rustenburg	Caramelised, Salted Nuts and Dried Fruit. We stock Ginger Love	Rina 084 851 9153	Monday to Friday 09:00 to 15:00, Saturday 9:00 to 13:00
Rock Automative Hub	Car diagnostics, auto electrician, mechanics, turbo repair, computer box and many more	073 713 1520 078 515 9043	Monday to Friday 08:00 to 17:00
Oom Manie se Biltong Den	Die heerlikste biltong in Rustenburg is steeds beskikbaar by Oom Manie's in Kloof Sentrum	014 592 5368	Maandag - Vrydag: 8:00 tot 17:00, Saterdag: 08:00 tot 13:00
Morokolotsi Atchar	We sell and supply the best atchar, oils, dye and spices	082 220 0479	Monday to Friday 08:00 to 16:00, Saturday 8:00 to 14:00

**SOUTH AFRICA'S** 

# HOTTEST GROCERY DEALS UNDER ONE ROOF







Food Lover's Full Cream or Low Fat UHT Milk 6 x 1 L

67.99 each

**LONGLIFE FULL CREAM MILK** 

LIFE	LONGLIFE	LON
AM K	CREAM MILK	CR M
ss	UHT PROCESS	PR
100		

6 x 1 litre REFRIGERATE ONCE OPENED



B-well Canola Oil 2 L 39.99 each

B-well Blended Canola Oil & Olive Oil 1 L **3forR120** 













Specials Valid: Monday 28 September to Sunday 4 October 2020



# THE BEST FRESH









# FARM-FRESH Goodness



























#### HE BEST

If you find better value on fresh from another retailer, bring in your proof and we'll match it, PLUS give you the difference.

#### **BEST RANGE**

If it's available in S.A. and it's not on our shelves, we'll find it and deliver it to you free of charge.\* \*Department must exist in store.

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY! + HAMILTONS ADVERTISING NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • EBOE • WHILE STOCKS LAST

# DEALS FOR R25









# BIG ON VALUE, BIG ON Fresh





#### THE BEST VALUE

If you find better value on fresh from another retailer, bring in your proof and we'll match it, **PLUS** give you the difference.

#### THE BEST RANGE

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# CATCH THE BEST SEAFOOD for less





















Food Lover's Signature

Squid Strips 800 g















INVITE Thomas

by rosenthal group

CUTLERY TABLE

TO YOUR TABLE

\* INTERNATIONALLY ACCLAIMED \*

THE PERFECT SERVING FOR LESS SAVE 75% OR MORE

SPEND R100 OR MORE TO COLLECT A STICKER TS&C'SAPPLY

www.foodloversmarket.co.za/tcc-cutlery-collection/



# SIZZLING FLAVOUR, READY-MADE FOR YOUR convenience









### SHOP

Spend R100 to collect a sticker

Selected Take Home Pizzas 28 cm

## STICK

your sticker on the 75% or more on collector card and

### SAVE

your favourite Thomas Cutlery



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Food Lover's Real Cheese Slices 150 g



2forR50

Lancewood Cottage Cheese

Assorted 250 g

2forR25

Fairview Feta Assorted 100 g

FAIRVIEW

19.99 each **Lancewood Dips Assorted** 

ANCEWOOD, DIP&TOP

39.99 each **Parmalat Slices** Assorted 400 g

mala



**Fairview Blue Rock** 100 g



22.99each **Fairview Blue Tower** 

100 g

96.99 each Lancewood Cheddar, Gouda or White Cheddar 900 g

29.99 each

Clover Feta Cheese

Assorted 200 g

CHEDDAR

LANCEWOOD

**GOUDA** 

900 g The Blockbuster

KEEP



Cheers!

ANCEWOOL DIP&TOP

69.99per kg

**Food Lover's** Semi-Modified Cheese

Food Lover's 18-month **Matured Irish Cheddar** 



149.99per kg

Meze Haloumi or Braailoumi Assorted



NOT FOR SALE TO PERSONS UNDER THE AGE OF 18 WINE SOLD MONDAY - THURSDAY: 9:00am - 17:00pm



2forR70 Van Loveren Colombar 750 ml VAN LOVEREN VAN LOVEREN

CORALRES CORALRES Coral Reef Red Range 750 ml

2forR130

Jan Braai Red 750 ml

**EXCLUSIVE** TO THE FOOD LOVER'S MARKET

JanBraai

JanBraai

# OUR PROMISE TO YOU | THE BEST IN CLEANLINESS

- Consistent professional deep clean and sanitisation in every one of our stores Customer numbers controlled to avoid overcrowding
- Perspex screens at all our till points for your safety
- All customers compelled to wear a mask upon entry of our stores
- Our colleagues have been instructed to wear masks at all times
- Sanitisers at store entrances and till points
- Anti-bacterial trolley wipes at store entrances

- Customer queue lines at entrances are managed by store representatives, ensuring social distancing
- Recommended social distancing markers on floors at entrances and till points
- Temperature monitoring of all colleagues entering and exiting our stores daily
- Social distancing in colleague canteens and common areas

# BIGSAVINGS

ON ALL YOUR HOUSEHOLD PRODUCTS

FOOD LOVER'S red grape 100% fruit juice ble

2forR40

Food Lover's 100% Juice Assorted 1.5 L

fruit juice blend

1.5 litre





#### 3forR50

Sir Fruit Smoothie Assorted 300 ml

#### 6forR55

Steri Stumpie Assorted 350 ml/250 ml



#### 33.99 each



#### 26.99<sub>each</sub>



SALTED BUTTER

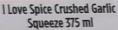
SQUARES

#### 11.99 each

Sasko Premium Brown Bread 700 g



# 3forR50





#### 49.99 each Charton dat

Food Lover's Salted Butter

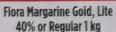


### SQUARES

3forR28 **Blue Ribbon Squares** Assorted 220 g/248 g

#### **27.99**each Clover Tropika Assorted 2 L











### 12.99 each



# Clover Full Cream or Low Fat Milk 2 L

2forR50





# **Nutritious Nibbles**

Make nuts and seeds a daily part of your healthy diet. They contain loads of healthy fats, protein, fibre, vitamins and minerals. They're also great at helping you to regulate your body weight and food intake.

# Treat Yourself













### THE BEST VALUE

If you find better value on fresh from another retailer, bring in your proof and we'll match it, PLUS give you the difference.

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Food Lover' Cereal Bars Assorted 28 g

# BIGSAVINGS

ON ALL YOUR HOUSEHOLD PRODUCTS

**BIGDEA** 

Seletced Coke Range 1.5 I (Excluding Coke Original) 4forR44





4forR45 Pepsi Max, Pepsi Light or 7 Up Sugar Free 2 L













## 2forR22 Nestlé Chocolate Slabs





19.99 each

Food Lover's Orange Squash



















Nescafé Classic 200 g

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**GUARANTEE** 



29.99<sub>each</sub>

Jimmy's Steakhouse



HEHS.BALLS CHUTNEY BLATJANG

22.99<sub>each</sub>

**All Gold Tomato** 



KEN

# BIGSAVINGS

ON ALL YOUR HOUSEHOLD PRODUCTS



La Molisana Gnocchi Di **Patate** 



#### 2forR40



#### 2forR50

Food Lover's Pickled **Gherkins Mild or Sweet &** Sour 680 g







Ficacci Pimento or Pitted





Food Lover's Grated Beetroot 690 g or Sliced





**BIS Pasta Sauces Assorted** 





51.99<sub>each</sub>

Kellogg's Corn Flakes 1 kg





Food Lover's Muesli Assorted 750 g





Dettol Soap 175 g & Dettol Hygiene Wipes 40's

**R50** 





24.99<sub>each</sub>

**Vaseline Petroleum** Jelly 250 ml



46.99 each

Listerine Cool Mint 500 ml

#### 2forR38

Handy Andy 750 ml



18.99 each Jik 750 ml







34.99<sub>each</sub>

Miliaolelle 120 MI

Mr Muscle Tile Cleaner 750 ml & Pledge Furnisher Polish 300 ml

**R52** 







# YOUR BUTCHERY **FAVOURITES**

just unpacked























Lenasia butchery & store are strictly Halaal & NIHT-certified. No pork products sold in-store. Potchefstroom butchery is Halaal & does not stock all the meat products as advertised.



Specials Valid: Monday 28 September to Sunday 4 October 2020

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, AND FREE STATE. Excluding Food Lover's Market Knysna & Oudtshoorn & Food Lover's Eatery Newspaper House, Towers & Icon • Visit www.foodloversmarket.co.za to see all our super specials